



# Cotton Patch Quilt Guild Newsletter

## APRIL 2009

Greenville, Texas

Linda Franklin, Editor

### President's Letter

Have I ever mentioned that my husband, Bob, is a math whiz? He scored 800 on the math SAT in high school and was a star in the math club. Having a human calculator around can be very helpful, especially when you need to add something quickly. But, last week while helping me unpack from visiting my daughter Katie in Georgia, he informed me that I had only been home 9 days in the last 6 weeks. I was shocked! First, that I was home so little, and second that he had kept track!

As I looked over my pocket calendar and if I counted the travel days as away days, he was actually correct. I have done so many different activities with quilting classes and retreats that the month has flown by. I barely had time to come home, do laundry, and replenish my project boxes before I was off on another adventure, but each activity I attended was fun, refreshing, and inspiring (except for cleaning my daughter's house....).

Some retreats I attended were educational and it was fun to learn new things. Other retreats were relaxing, spending time with friends and finishing up UFO's. For each retreat I plan on what type of project works best in that environment. For example, if a retreat place has great design walls, I bring projects that have completed blocks. Then I have fun arranging the blocks and getting input from friends. Other retreats have big outside porches and relaxing scenery which works great for handwork. Sometimes I bring BOM's that my friends are working on and we can complete them together. When traveling by plane I ALWAYS have handwork to do. It makes airport delays much easier to handle when I can appliqué and see my beautiful block come to life.

I am happy to say Bob is OK with my active quilting/travel life. He even Fed-Ex'ed me some more appliqué blocks to Georgia, since I finished appliquéing 153 leaves in record time. He understands that I can't travel without fabric in my hands. However, now that I'm home, Bob is very happy to glance over and see me appliquéing on the couch with the dogs on my lap. It's nice to be home working on projects too.

Have I ever mentioned that Bob was on the "Dating Game" TV show in college? He didn't get chosen. Apparently they didn't ask any math questions. LOL.

Until next month, happy quilting--wherever you might be.

- Linda Neal

**RULE FOR CPQG CLOSET:** Store things in a tub, not in plastic bags, and keep items well away from heater and a/c.

### April Program

## East Texas Quilts by Linda Reynolds, Historian

Linda Reynolds will be our speaker for this month. She is the Director of the East Texas Research Center at Stephen F. Austin State University in Nacogdoches, Texas. She will be speaking on the subject of the history of East Texas quilts. So, mark your calendars and come join us as we venture back into time and learn about quilts from long ago.

- LaVonne McCaw

### Machine Quilting Class Part 2 of 3



**Date:** April Guild Meeting

**Time:** 2:30 PM – 5:30 PM

(You can setup and begin at 1:30 PM)

**Price:** FREE, call Sherry Worley to reserve a spot.

Sherry Worley continues her class this month with free motion quilting.

Bring the following:

Machine with darning foot

Basic sewing kit with a small selection of thread colors

Project from last month (if you did not leave it with Sherry)

Quilting gloves (if you have them)

Any implement you have used for marking quilting lines.

You can practice on Community Service quilts.



Even if you were not at the first class, you can still join this class.

## Library's Having a BASEMENT SALE!

**WHEN:** April Guild Meeting, 5:00 - 6:30 PM

**WHAT:** Books, Magazines, donated quilt items

Lots to choose from! Bring cash or checks. All proceeds will go to the Library.

 **Sale ends when meal begins, so come early!** 

## REFRESHMENTS COMMITTEE

**April 23**

\*Virginia Johnson (Captain)

Madeline Sullivan	JoAnn Weatherly
Jennifer Tenney	Mandy Weaver
Gladys Trammell	Janice Whitt
Terri Tyree	Beth Winn
Debbie Uphoff	B Wood
Kathy Vestal	Sherry Worley
Carolyn Jo Wear	Carolyn Wright
	Carol Adams

\*Note: Change of captains because Mary Lou Strohm will be out of town. Please direct questions to Virginia Johnson.

**May 28**

Kaye Adams (Captain)

Jan Ainsworth	Betty Allen
Jane Asberry	Joan Biggs
Sara Bobbitt	Dorothy Boettcher
Anna Borrer	Cathy Brandstetter
Jackie Brown	Lanell Bundick
Carolyn Burt	Pat Cate
Connie Cawthon	Susan Childers
Jackie Clark	

Please advise your captain if you cannot attend the meeting and **swap** with someone else.

Captains: Contact each person by the Monday before the guild meeting.

"Refreshments" is responsible for clean up, too.

## DIRECTORY UPDATE

Debbie Uphoff

Please add the following members to your directory:

**Pat Cate**, 9837 CR 4918, Wolfe City, TX, 75496, Spouse – Tom, [pcate@sbcglobal.net](mailto:pcate@sbcglobal.net), birthday 8/26, (903) 496-2464 (home).

**Carol Dodd**, 1708 Bonham St, Commerce, TX, 75428, Spouse – Jerry, [cdodd@koyote.com](mailto:cdodd@koyote.com), birthday 11/17, (903) 886-7115 (home), Cotton Blossoms..

**Lynne Power**, 1101 Edgewood, Greenville, TX, 75402, Spouse – Mike, [lynnne@geusnet.com](mailto:lynnne@geusnet.com), birthday 5/30, (903) 454-4996 (home), 903-217-4955 (cell), 903-453-3282 (work, GISD).



## April Birthdays

Huey Nobles	4/9
Mary Lou Strohm	4/6

Happy Birthday to You! Happy Birthday to You!

## Don't Forget the Community Service Quilt Challenge!

Choose from the CS challenge bag of fabric and block sets. Make a quilt or top no less than 36" a side, adding fabric from the CS stash (required) and some of yours (optional). Turn in at the August guild meeting. There will be fun prizes and a gift certificate from a local quilt shop. Winners will be chosen by secret ballot.

## From the Librarian

Virginia Johnson

ATTENTION ALL CPQG MEMBERS: Do not forget our basement/garage sale on Thursday, April 23rd, beginning at 5:00 PM. If you are donating any items, please have them to the church before 5:00 PM and have them priced. All monies go to the library fund for new books, etc.

### NEW: NOTEBOOK CHECKOUT

I have put some baby quilt books in a notebook so you can check out a notebook of 4 books at once. I have also done this with AUSTRALIAN Quilting Magazines and Fons And Porter Magazines. They will be on display at our next guild meeting. You can check out a notebook of 6 magazines just like checking out books. Perhaps some of you would like to do the same and share your magazines with others. They can be labeled inside "On Loan to CPQG from \_\_\_\_\_ (your name). They are your property, but everyone has access to more quilting ideas. Only six (6) magazines to a large notebook is advisable. You may feel free to withdraw your notebook at any time. Just a way to save money and share with other quilters.

### BOOK REQUEST?

If you have a specific book that you would like to have in the library, please write the name & author on a piece of paper and give to me. We want a library that supplements your needs. When I am out and about, I always stop at "Half-Priced Books" to check their supply of quilt books

Donations of books and \$\$ are always welcome.

## Cotton Strippers

Temporary Dictator – Jane Martyn

The Cotton Strippers met at the church and exchanged their "bricks." If you would like to participate you can bring 2 sets of 16 each. We had a great show and tell. Katherine reminded everyone that Cleek Retreat is rapidly approaching and if you know you won't be going, please let her know. Eufaula Retreat will begin November 12. If you are interested in going you need to get a \$20 deposit to Jane. We are hoping for 25-30 people.

Refreshments for May: Jane Asberry, Anita Gaudreau, Donna Moon, Mandy Weaver, Joan Biggs, Monica Denny, Shirley Shaw, Huey Nobles and Connie Cawthon.



Entries Due July 9th  
Entry form available at  
[www.quiltersguildofplano.org](http://www.quiltersguildofplano.org)

**QUILT PLANO 2009**  
**August 14th and 15th**

*It would be great to  
see your quilt in  
our show!*

For more information phone or e-mail  
Joan Stevenson 972-618-8188  
[plano.quilter@verizon.net](mailto:plano.quilter@verizon.net)

**May newsletter deadline will be  
Thursday, May 14**

I will be out of town and need it early. Thank you!



**March  
Door Prize Donors**

Quilt Asylum, McKinney – 1  
Quilt Country, Lewisville – 1  
N'Stitches - 4  
The Rabbitt's Lair - 1

**Thank you very much!**

**SOLID ROCK  
FOOD COMMITTEE**

**April 29, 2009, Wednesday**

The follow people are on the April 29, Solid Rock Food Committee:

Phyllis Moynihan, Committee Chair	
Jane Martyn	Barbara Powell
Jeanie Herring	Carolyn Burt
Connie Cawthon	Carolyn Wright

We will begin serving food at 5:45 PM. Any other members who would like to help with this committee can contact Phyllis Moynihan at [forbeingme@yahoo.com](mailto:forbeingme@yahoo.com) or at her new home phone number, 972-860-9537.

**March 26, 2009 Minutes**

Mandy Weaver, Secretary

President Linda Neal opened the night by welcoming members and introducing guests. She thanked Phyllis Moynihan and the food committee for the wonderful meal.

February meeting minutes were approved by the members. Pam Shuman, treasurer, is out of town, see Linda Neal if you need to turn in any receipts or need a check.

A great big "Thank You" goes out to Debra Hager for heading up the Purley Gates Spring Retreat. A great time was had by all!

Jane Martyn is planning a fall retreat to Eufala, OK, on Nov. 12-15, 2009. She needs a \$20 deposit if you want to go. See her for more information.

At next month's guild meeting the library will be having a garage sale.

Debra Hager is still taking forms and fat quarters for the UFO challenge. See her for more information.

Debbie Uphoff, membership, provided the new 2009 membership directory.

Sherry Worley, community service, announced the quilt challenge and asked everyone to get some fabric out of the tub and make a quilt. Quilts are due back by Aug 2009.

Jane Asberry announced the next TAQG meeting will be in Lewisville. They will be talking about guild newsletters. We will be needing someone to take over that position next year so anyone interested should see her.

Jackie Brown has the 2009 raffle quilt tickets for everyone to pick up and sell.

Phyllis Moynihan presented 3 ideas for the 2010 raffle quilt. They were voted on by the members and a blue and white feathered star quilt was chosen with the committee members making the quilt.

**RECIPE REQUEST: CHEESE BLINTZ**

*Gladys Guthrie*

Blend together: 8 oz cream cheese, softened  
1/4 c sugar  
1/2 t vanilla extract

Remove the crust from the slices of a long loaf of white bread. Roll flat with a pie roller. Spread cheese mixture on bread. Roll up bread and dip in melted butter. Roll in mixture of 1 c sugar and 2 t cinnamon. Place on cookie sheet and freeze overnight. Cut each roll in half while frozen. Bake 10 min at 400 degrees.

NOTE: For a savory version use cream cheese and chives.  
TIP: Use thinly sliced bread for this recipe.

You may view photos and newsletter at the guild's website:

[www.cottonpatchquilt.com](http://www.cottonpatchquilt.com)

Login: Texas Password: Star

Note capital letters – case sensitive.

## Treasurer's Report

Pam Shuman

**February 2009 Ending Balance** **5748.44**

### March 2009:

#### Checks:

1775 TAQG, TAQG dues	(50.00)
1776 Quilt Mercantile, Raffle Quilt backing	(40.95)
1777 Debbie Uphoff, Membership	(241.81)
1778 Trish Stuart, Program	(233.00)
1819 Lake Printing, Raffle Quilt tickets	<u>(86.76)</u>
	(652.52)

#### Deposits:

(February) Advertising	6.00
Membership	<u>168.00</u>
	174.00

**March 2009 Ending Balance** **5269.92**

## Cotton Blossoms

Madeline Sullivan

*The Cotton Blossom Quilt Circle made thirty small, soft pillows for the Sulphur Springs Hospice organization. The hospice organization was very appreciative and the Blossoms enjoyed being of service.*

The Blossoms met on April 6, 2009, at 2 PM They started earlier than usual because they had 70 nine inch squares to do for the Patriot Paws dog quilt. The squares are red, white and blue string quilt design.

When the string quilt squares are complete, the Blossoms will have ten squares of their own dog's picture transfers interspersed in the quilt. Each member is to do four or more of the string quilt squares. For the string quilt, the Blossoms used newspaper backing that will have to be torn off before the batting and backing are added to the quilt. Patriot Paws is a nonprofit organization that trains dogs for the use of injured war veterans. They are located in Rockwall, Texas. This is the second quilt that the Blossoms have made for this group. The quilts are used as a fund raiser. The first quilt was two years ago and brought well over \$1000.

The next meeting of the Cotton Blossom Quilt Circle will be at Madeline Sullivan's Quilt House, 5004 CR 4400, Commerce, Texas. There will be a party and other things, like quilting.

## TAQG NEWS

Jane Asberry

Things are gearing up for Rally Day, July 11, 2009! I'll have pins, lunch tickets, and pre-Rally Day raffle tickets available at guild this month. We have our contribution to the "Goody Bags" almost ready and I know we have at least one member who got into one of the classes Sharon Schamber is teaching!



## Community Service

Sherry Worley

A car load of quilting fabric scraps, yarn, and batting scraps were delivered to a wonderful group of ladies near Ft. Worth. These supplies came from the Cotton Patch Quilt Guild, the Quilters Guild of Plano and two individual donors. Lorna, the spokeswoman for the group, was thrilled. I have spoken with her several times and believe this group will do great things with the items that we cannot use. Lorna told me that they are simply a group of friends who work together on projects near and far. They are not associated with any guild. They make quilts for John Petersmith Hospital, knit and crochet for a variety of causes, and undertake any other project that moves them. In this time of spring cleaning, please remember them. They can use quilting fabric, yarn, and batting scraps (no smaller than 6½" square). Community Service will be happy to collect donations and deliver them at the next TAQG meeting. Just label donations for them "For Lorna"

The Quilters Guild of Plano also has a need that we may be able to partially fill. With the budget cuts that we all are facing, Plano finds that they will need more batting than they can purchase this year. Plano usually makes between 200 and 300 community service quilts per year. They are willing to piece batting (preferably cotton blend, like heirloom). They would like to have strips (no less than about 6"). Community Service will be happy to collect and deliver donations for them as well. Please label these donations "For Plano"

I also have a group in Oklahoma who will use double knit to make quilts for the homeless and those just released from jail. The last time I spoke to her they had made over 1,300 quilts. It is wonderful to be able to help all these other groups while still doing so much for our own community.

As always, we have many kits available!

## TIPS FROM OUR EXPERTS

The binding is the crowning touch to all of your hard work. Be sure to stitch it down securely...at least one stitch every ¼" and preferably 6 or 7 stitches to the inch.

The next time you need to draw a line from corner to corner on a square, try using an emery board as a straight line rather than a ruler. A ruler may slip, an emery board isn't likely to slip. Just remember to lay your straight edge one pencil width away from the square points so it will come out perfect!

When you are working with white on white fabrics wear dark pants or a dark skirt (or keep a dark swatch of fabric handy). It can be difficult to tell the right from wrong side of white on white prints. If you lay your fabric on a dark background (your lap) you can tell instantly which side is the right side!

# Cotton Belles

Sherry Worley

We had a great time at our last meeting on April 6<sup>th</sup>. What fun we had laying out the blocks for our Stack N Whacks! I think several ran off after the meeting to buy that great bird fabric from Wal-Mart. Kaye taught us how to layer the fabrics and cut our 60 degree triangles. Many of us left with finished blocks. They were all great! We collected \$67 for FISH, including one more cookbook! Show and Tell included Vickie's Border Bash and LaNell's Biker Bug top (it's amazing what you can do with a panel when you cut it up!). Sherry shared the pattern for Spot the Dog from the McAlester Guild. We are all very excited that Kaye is moving back to Texas and can hardly wait till we can have a meeting in her new house in McKinney!

The next meeting will be at Harvest Bible Church on May 4<sup>th</sup>. We usually start at 10:00 AM, bring a sack lunch and work until about 2:00 PM. This month we will be having a sit and sew (most of us will be working on our Stack N Whack). LaNell is bringing dessert. We love to have visitors! Please call Sherry or LaNell for more information.

## Advertising Rates

Monthly Rates: 1/2 page = \$12, 1/4 page = \$6, business card = \$3. Ads are printed if space is available. Ad text and payment must be received before the monthly deadline. Send to editor: Linda Franklin, 2307 Rabb Dr, Greenville, TX 75402, email: lctexas75402@gmail.com



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## 2009 - Special Upcoming Events

Penny Sturges	Wed, Mar 18 10 AM - 4 PM	Purses TBD
Margaret Bucklew	Wed, Jun 3 10 AM - 4 PM	Appliquéd Portrait Quilts \$50
Carol Doak	Mon, July 13 10 AM - 4 PM	Paper Piecing \$75
Meg Hawkey	Wed, Oct 14 10 AM - 4 PM or Thurs, Oct 15 10 AM - 4 PM	Hand Embroidery \$50

PLEASE register early for events to guarantee your spot and ensure that the teacher will travel to our shop!

Register on our web site and select "Opt In". You'll receive emails with info on Sales and important Shop news. Don't miss out!

# Easy Stretches for anyone

Practice correct form illustrated in the pictures. Do each stretch 1-2 times, holding for 15-20 seconds.



### Scapular W

- Sit or stand tall
- Point elbows gently out
- Knuckles together
- Elbows hold position, knuckles rotate out away from one another
- Arms appear to make "W"



### Shoulder Rolls

- Sit or stand tall
- Bring shoulders to ears
- Then pull back and depress down
- Relax and repeat



### Seated Twist

- Sit or stand tall
- Keep hip points facing forward
- Turn and reach opposite hand to opposite thigh. Rotate at your belly.
- Pause and hold, and then reverse direction,

## QUILT FOR BETTER HEART HEALTH

During your quilting or any work that requires long periods of sitting, do a little exercise periodically, which is good for

your health. Get up and walk around. Do some stretches. Sit up or stand tall. Feel the stretch. Do both sides. Hold for 15 – 20 seconds then gradually move into next position. Don't rush. Breathe while you stretch.

Go to [www.uwhealth.org](http://www.uwhealth.org) for more exercises for quilters. Click on "Quilt for Better Heart Health."